

SUDBURY & WEMBLEY CARERS SUPPORT GROUPS

DETAILS OF FORTHCOMING MEETINGS

Do you know someone living with dementia ? Would you like to find out more about dementia (including alzheimer's disease) ?

We are a group of family carers who help our relatives to live with dementia. We share our experiences, and exchange information and ideas in an informal, friendly and supportive environment.

SUDBURY

**Meets on a Wednesday
between 11am and 1pm**

**Parish Hall
Sudbury Methodist Church
(809 Harrow Road
Wembley HA0 2LP)**

Wednesday, 25 July

Wednesday, 8 August

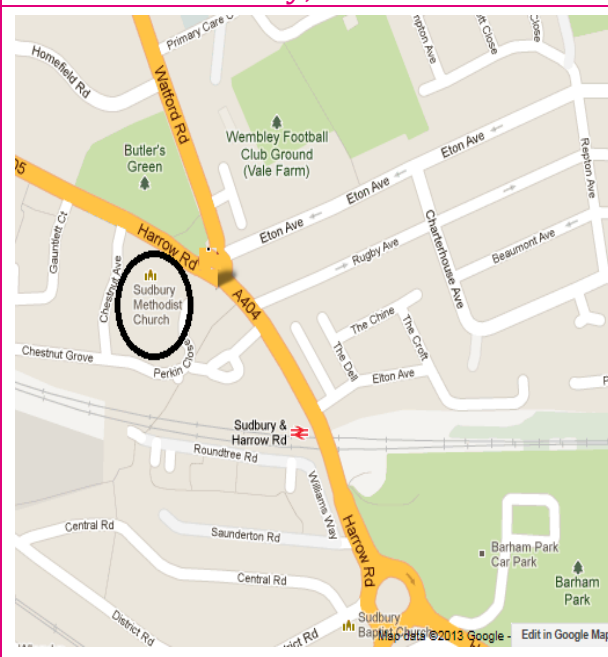
Wednesday, 22 August

Wednesday, 12 September

Wednesday, 26 September

Wednesday, 10 October

Wednesday, 31 October



WEMBLEY

**Meets on a Monday
between 1pm and 3pm**

**Parish Hall
St Erconwald's RC Church
(112 Carlton Avenue East
Wembley HA9 8NB)**

Monday, 30 July

Monday, 3 September

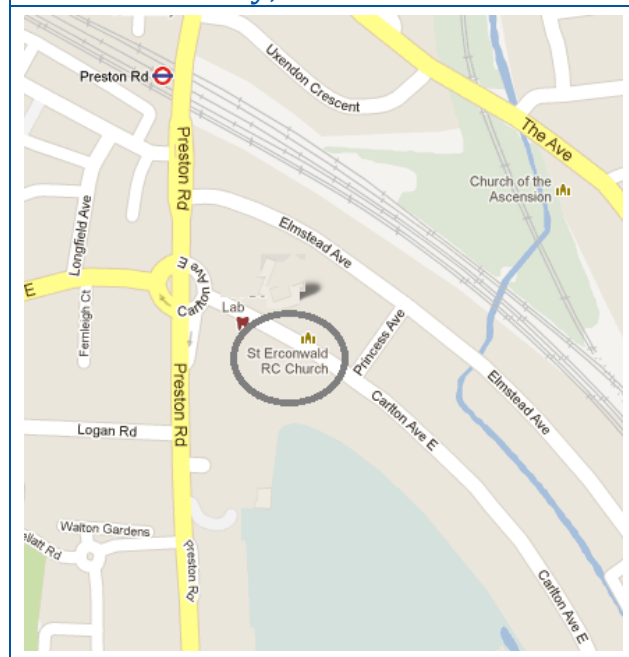
Monday, 17 September

Monday, 1 October

Monday, 15 October

Monday, 29 October

Monday, 12 November



FREE PARKING IS AVAILABLE AT BOTH VENUES

Just turn up on the day; no need to book a place

If you want to arrive a bit later and/or leave earlier that is fine

For further details contact Frank on 07867 903917

(or email: frankj.arrojo@gmail.com)